

# The School Achievement Letter (“The Pearson P”) Award



## How is a School Achievement Letter Earned?

Points are accumulated through involvement in the combined areas of academics, athletics and extracurricular activities. Athletic and Club components have been allocated to a category based on number of hours and commitment required.

## Component Summary

The student must have been attendance at Lester B. Pearson Catholic High School for at least four years between grade 7 and 12.

There are also four other requirements for the School Achievement Letter:

- |             |  |
|-------------|--|
| A. Academic | The student must have an average of 75 % from Grade 7 – 12   |
| B. Athletic | The student must have at least eight (8) points from school teams                                  |
| C. Clubs    | The student must have at least eight (8) points from clubs   |
| D. Choice   | The students must have two (2) more points from either category B or C or a combination of the two |

Total Points Required	Eighteen (18)
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**If you have participated in a team or club that is not listed add it to your application anyway. It's point value will be assessed by the committee.**

**Point Value of Activities (High School)**

**Clubs/Activities**

**Category 1 1 point each**

Breakfast Club	Band	Drama - Play
Graduation Committee	Student council	Global Outreach
Leadership (Adopt-A-Homeroom, Peer Mentors, Ambassadors, Best Buddies, POP)		
Sources of Strength	Global Outreach	AV Crew

**Category 2 0.5 point each**

Peer Tutoring	Concours de français	Environmental Club
Guys Cook	Public Speaking	Ski Club
Variety Show	White Pine Book Club	Youth Ministry/Liturgies
Choir	Homework Club	Coffee House

**Teams**

**Category 1 1 point each**

Basketball	Hockey	Lacrosse
Rugby	Soccer	Touch Football
Volleyball	Wrestling	

**Category 2 0.5 point each**

Badminton	Cross-Country	Futsal
Golf	Nordic Skiing	Track & Field
Tennis		

**Point Value of Activities (Grade 7 & 8)**

**Clubs/Activities**

**Category 1 1 point each**

Drama - Play

**Category 2 0.5 point each**

Band	Chess	Concours de français
Girls Read	Glee	Liturgy
Ambassadors	Multimedia	Red Maple Book Club
Robotics	Rosary Club	Ski Club
Environmental Club	Variety/Talent Show	AV Crew
Choir	Man Up	Computer Competition
Math Club/Competition		

**Teams**

**Category 1 1 point each**

Basketball	Touch Football	Volleyball
Wrestling		

**Category 2 0.5 point each**

Badminton	Cross-Country	Flag Rugby
Floorball	Futsal	Gaelic Football
Golf	Hockey	Soccer
Softball	Table Tennis	Tchoukball
Track & Field		

# School Achievement Letter Application

**Name:**

**List all the Clubs and Teams you have been a part of at Lester B. Pearson CHS**

**Grade 7:**

Average:

**Grade 8:**

Average:

**Grade 9:**

Average:

**Grade 10:**

Average:

**Grade 11:**

Average:

**Grade 12:**

Average:

**Please return to Mr. Spriet in Student Services no later than May 1, 2018.**